

ELECTROMAGNETIC SENSITIVITY – TYPICAL SYMPTOMS
Contributed by Michael Bevington

<p>Auditory earaches, imbalance, lowered auditory threshold, tinnitus</p> <p>Cardiovascular altered heart rate, chest pains, cold extremities especially hands and feet, heart arrhythmias, internal bleeding, lowered/raised blood pressure, nosebleeds, shortness of breath, thrombosis effects</p> <p>Cognitive confusion, difficulty in learning new things, incoherent talk (temporary or permanent), lack of concentration, short / long-term memory impairment, spatial disorientation, spoonerisms</p>	<p>Dermatological brown 'sun spots', crawling sensations, dry skin, facial flushing, growths and lumps, insect bites and stings, severe acne, skin irritation, skin rashes, skin tingling, swelling of face/neck</p> <p>Emotional anger, anxiety attacks, crying, depression, feeling out of control, irritability, logorrhoea /verbosity, mood swings</p> <p>Gastrointestinal altered appetite, digestive problems, flatulence, food intolerances</p> <p>Genito-urinary smelly sweat / urine, urinary / bowel urgency</p>	<p>Musculoskeletal aches / numbness / pain / prickling sensations in: bones, joints and muscles in: ankles / arms / elbows / feet / hips legs / lower back / neck / pelvis shoulders / wrists / cramp / tension in: arms / legs / toes, muscle spasms, muscular paralysis, muscular weakness, pain in: lips / jaws / teeth with amalgam fillings, restless legs, tremor and shaking</p> <p>Neurological faintness, dizziness, 'flu-like symptoms, headaches, hyperactivity, nausea, numbness, sleep problems, tiredness</p>	<p>Ophthalmologic eyelid tremors/'tics', impaired vision, irritating sensation, pain / 'gritty' feeling, pressure behind eyes, shiny eyes, smarting, dry eyes</p> <p>Other physiological abnormal menstruation, brittle nails, hair loss, itchy scalp, metal redistribution, thirst / dryness of lips/tongue/eyes</p> <p>Respiratory asthma, bronchitis, cough /throat irritation, pneumonia, sinusitis</p> <p>Sensitisation allergies, chemical sensitivity, light sensitivity, noise sensitivity, smell sensitivity</p>
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NOTES

- **Accumulation.** Cumulative exposures can produce symptoms, making symptoms from chronic exposure more difficult to recognise than from acute exposure.
- **Delay.** Symptoms can be delayed after acute exposure for a few hours or even days. This is said to become more common the longer the patient has been sensitised.
- **Diurnal state.** Symptoms vary according to the diurnal state of the person's body. A person's own endogenous electromagnetic field often declines during the day.
- **Duration.** Individual symptoms can last for a short or long time. As a group symptoms can become worse. They can fade after 2-12 months without EMR exposure.
- **Frequencies.** The sufferer may react first to a single frequency or source but later to more (e.g. first to WiFi but later to mobile phones and power cables).
- **Intensity.** As the condition progresses the level of sensitivity can increase: a person may first have pains from a phone next to the head but later from one at 3 metres.
- **Ionising similarities.** Symptoms from exposure to electro-magnetic (non-ionising) radiation are similar to those from radioactive (ionising) radiation.
- **Severe reactions.** Severe reactions can include paralysis, convulsions, seizures, loss of consciousness and stroke, or they can exacerbate an existing medical condition.
- **Variety.** Individual variation in tissue/bone density, acidity, salt content, skin conductivity, size etc. affect absorption. This may relate to the variety of symptoms.